



Lately, it's been hard to keep track, but the answer, of course, is FUN FRIDAY!!!

To start you off this week, I highly recommend this 2 minute video (be sure to watch the second half) to give **some perspective on the current times**: "The Power of Letters – Concept Video":
<https://www.youtube.com/watch?v= 31O6dKglV0>

If you're looking for something new to make for dinner (...yes, apparently we have to make dinner again!), you can check out this article, in which **famous chefs share some of their favorite recipes to make at home**: <https://www.departures.com/lifestyle/food/amex-chefs-pantry-recipes>

If you haven't yet joined **the Dalgona coffee (whipped coffee) craze**, you might want to give it a try! Here's a recipe to get you started (and photo of the finished product below): <https://jessicainthekitchen.com/how-to-make-whipped-coffee-dalgona-coffee-tips/>



You can **join other members of the Gator Nation as they jam to Tom Petty's "Won't Back Down"** on Fridays at noon ET. The Gators request that you: *Press record before you jam out so you can share the video with us! Then when you post on Twitter, be sure to tag us at @FloridaGators and use the hashtags #WontBackDown and #GoGators. We'll be checking out all of the breakout performances, and of course singing along right there with you every Friday for all of our neighbors to hear. In case you want to stream the song, we've found links for you on [Spotify](#), [Apple Music](#), and [YouTube](#). Just click your desired service to be directed!*

UF Health Shands Arts in Medicine will be hosting another all request concert on Facebook Live today at 1pm! Tune in here (and send your requests in the comments):
<https://www.facebook.com/ShandsArtsinMedicine/>

This week, Brian Jose--Director of UF Performing Arts—chose a very fun performance to highlight. *From Como, Mississippi, population 1,279, the Como Mamas sing get-you-through kind of music... they are the real deal!* You can watch by clicking the video below (or at this link:
<https://www.youtube.com/watch?v=eUjyEfBPxuQ&feature=youtu.be>)
As a reminder, you can also sign up to receive Brian's weekly picks at:
<https://lp.constantcontactpages.com/su/CX90OUI/BrianPicks>



The banner features the University of Florida Performing Arts logo in the top left, with 'UNIVERSITY OF FLORIDA' in white on an orange background and 'performing arts' in white on a dark blue background. To the right is the 'UF' logo in white on a dark blue background. Below the logo is the text 'Brian's Performance Picks' in white, followed by a paragraph: 'While we all practice social distancing, UFPA will be sending noteworthy, short videos straight to your inbox each week, all of them hand-picked by UFPA Director Brian Jose. Enjoy!'. At the bottom is a video thumbnail showing three women in orange and white patterned dresses performing outdoors, with a white play button icon overlaid in the center.

Visit Gainesville's weekly "What's Good" newsletter always has **fun ideas for things to do around town**, including virtual "local" events and other activities that allow for social distancing:
<https://www.visitgainesville.com/explore/whats-good-update-from-visit-gainesville-alachua-county-april-30-may-6-2020/>

If you need to distract them so you can get some work done, **consider encouraging your kids to work on some of these important life skills** (maybe even ask older kids to help younger kids practice!):



If you still need toilet paper, apparently you can order direct from the manufacturer here (not intended as a commercial endorsement—there may be other manufacturers offering a similar service):

<https://www.angelsoft.com/GP-Family-of-Brands/ANGEL-SOFT%C2%AE-BATH-TISSUE%2C-36-MEGA-ROLLS/p/79256/01>

And finally, here's the **5th episode of "Some Good News"**:

<https://www.youtube.com/watch?v=o1zIgTwENPg&feature=youtu.be>

Enjoy your weekend and stay well!

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