



To begin Fun Friday this week, check out **this 2-minute video, “Love, Gainesville”** (created by the Frankel Media Group). In it, we are reminded of the support of the GNV community who “won’t back down” in the face of COVID-19: <https://m.youtube.com/watch?v=3QWabX7teV4&feature=youtu.be>

All “RENT-heads” are bound to enjoy this **emotional tribute to essential workers around the globe** from past and present cast members of the Broadway smash hit musical, RENT: <https://www.broadway.com/buzz/199238/no-day-but-today-rent-stars-from-around-the-world-unite-to-honor-essential-workers/>

For those looking for a variety of musical styles to cheer you up, **Yo-Yo Ma has created a #songsofcomfort hashtag** and musicians around the world are adding pieces to it. Read about it (and view clips of some of the contributions) in this PBS story: <https://www.pbs.org/newshour/show/accentuating-the-positive-with-songsofcomfort>

Closer to home, Dr. Giri Kalamangalam (Department of Neurology) and Dr. Steven Roper (Department of Neurosurgery) recorded this **musical tribute to the hard-working employees throughout UF Health**, and in particular, our wonderful nurses: <https://www.dropbox.com/s/xokkunsyvhq3j1q/Giri%204-19-20.mp3?dl=0>

And, the **UF Health Shands Arts in Medicine team is hosting another all-request concert today at 1pm in honor of all our nurses** for Nurses Week. Join them on Facebook Live (<https://www.facebook.com/ShandsArtsinMedicine/>):




If you're looking to be inspired by how Americans around the country are pitching in to battle COVID-19, you might enjoy the **PBS American Portrait documentary, "In This Together,"** which airs tonight at 9pm. Learn more (and watch a preview) here: <https://www.pbs.org/american-portrait/>. You can also contribute your own story (details on the website).

In addition, in the face of COVID-19 pandemic, StoryCorps has created a new public broadcasting public service: [StoryCorps Connect](https://www.storycorps.org/). This new platform **allows for any two people to record a StoryCorps conversation remotely** through a special video chat technology, the audio and a photo is then sent to the Library of Congress for future generations. More information is available at [wuft.org/storycorps-connect/](https://www.wuft.org/storycorps-connect/).

Our **local museums are offering fun ideas for activities to do with kids** at home. Check out some options here:

- *Cade Museum Activities for Kids:* <https://www.cademuseum.org/cade-activities.html>
- *Harn at Home Kids Activities:* <http://www.harn.ufl.edu/harnathome>

For anyone looking for a **FUN way to finally quit tobacco**, the UF AHEC team is now offering virtual group quit classes via Zoom! Check out the flyer below for more information about how to sign up:



QUIT YOUR WAY

Quitting tobacco isn't easy. Finding help should be. Tobacco Free Florida offers free tools and services to help you get started.

**The University of Florida
AHEC Program
presents
FREE
VIRTUAL TOOLS TO QUIT
CLASSES**


Classes are held
**Monday through Friday
10:00am to 12:00pm
and
2:00pm to 4:00pm**

Can't make it to any of those times?
Call us at **352-273-5224** to set up a
class time that fits your schedule.

JOIN: By calling 352-273-5224 to register.
Pre-registration is required! You will be emailed a
link to join by ZOOM conference via video or audio.

ABOUT THE CLASS:
Tools to Quit Class will provide you with information
about the effects of tobacco use, the benefits of
quitting, and will assist you with developing your
own quit plan. Cessation groups cover all forms of
tobacco.

In the wake of the COVID-19 pandemic,
quitting is more important than ever! Let
us help you get the support you need
from the comfort of your own home.






BENEFITS:
Nicotine replacement patches, gum or lozenges.
*(if medically appropriate for those 18 years of age or
older)*

Participant workbook and materials.

More than **DOUBLES** your chances of success!
Pre-registration is required!
To register, call: 352-273-5224

For more information, visit us at:
www.tobaccofreeflorida.com/quityourway

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And of course, **here's the latest episode of "Some Good News"** (make sure you have Kleenex on hand):
https://www.youtube.com/channel/UCOe_y6KKvS3Pd1fb9q9pGug

Enjoy your weekend and stay well!

Lisa J. Merlo, Ph.D., M.P.E.

(Legal Name = Lisa Merlo Greene)

Director of Wellness Programs, UF College of Medicine

Director of Research, Professionals Resource Network

Associate Professor of Psychiatry

University of Florida

Box 100256

Gainesville, FL 32611

352-294-4932

lmerlo@ufl.edu