



****LAST CHANCE TO SIGN UP TO CONTINUE RECEIVING “FUN FRIDAY” EMAILS****

*In order to continue providing “Fun Friday” content to those who are interested, minimize the inbox burden on those who are not, and expand the reach beyond the UFCOM, I will be transitioning the organization/dissemination of Fun Friday emails to the UF/GatorCare Wellness team next week. **If you would like to continue receiving Fun Friday emails, you will need to sign up by Wednesday, June 24 using this [signup form](#) to be added to the listerv.***

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To kick things off this week, you can **learn more about Juneteenth—its history and traditions—as well as ways to celebrate** locally and virtually here: <https://thisweek.sfcollege.edu/2020/06/17/juneteenth-2020/>



If you’ve been missing the **“Free Fridays Concert Series”** at **Bo Diddley Plaza**, you can watch the concerts virtually from the comfort of you own living room! Shows are live-streamed Fridays from 8-10pm and archived for later viewing: <https://www.facebook.com/freefridaysconcertseries>

Here’s a delightful **performance by the MD Anderson Cancer Center employee choir**—(Also, who wants to start a *UF Health Employee Choir* when COVID-19 is finally gone?!?!?!?): <https://www.youtube.com/watch?v=h6PIHY026cQ>

June is Men's Health Month and the **UF/GatorCare Wellness team** is launching a [self-paced 30-Day Fitness Challenge](#) to encourage movement and physical activity. It's easy enough to be added to your daily routine and all are welcome to participate.

If you've never completed a virtual puzzle, here's a **free Broadway-themed digital jigsaw puzzle** for you to try: https://www.theatermania.com/new-york-city-theater/news/free-theatermania-jigsaw-puzzle-complete-hadestown_91070.html

No matter the weather, this **recipe for indoor smores** is sure to please! Assemble chocolate pieces and mini marshmallows in ready-made mini graham cracker crusts. Place on a cookie sheet. Bake at 350 degrees for 8-10 minutes. Yum!



The Royal Ballet presents “LA Fille Mal Gardée” on demand via YouTube until June 26:

<https://www.youtube.com/watch?v=dbZEYzrPnLc> The performance is available for free, though you are encouraged to donate what you can to support the arts during this difficult time.

Reminder that **today marks the beginning of [Academics for Black Survival and Wellness Week](#)** (June 19-25). President Fuchs has requested that we all participate in this weeklong initiative, facilitating personal and professional development for academic faculty and staff to examine the toll of racial trauma on Black people, resist anti-Blackness and white supremacy, and seek both accountability and collective action for solutions.

Here are some more fun ideas from the UF/GatorCare Wellness team:

- If you're missing the movies, **try a “drive-in” movie at the Oaks Mall Pop-Up Movie Tour this weekend!** They will be screening:
6/19 Frozen II (7:50pm) and Jurassic Park (10:35pm)

6/20 Guardians of the Galaxy (7:50pm) and The Goonies (10:35pm)

6/21 Monsters Inc (7:50pm) and Twister (10:35)

More information and tickets [here!](#)

- The **Newberry Watermelon Festival** is almost here! It will be their 75th year this Saturday the 20th. There will be parade and competition, music, and family fun from 9am until 3:30pm at the Country Way TownSquare. For more information, check out their [website!](#)
- The **2020 Spring Parade of Homes** is a free, recurring event, scheduled for June 20-21st and June 27-28th from 12pm-5pm. The Parade of Homes features over 2000 brand new homes in over 300 neighborhoods throughout Alachua County. [Please wear a mask!] More information [here!](#)
- **Sweet Dreams Ice Cream Firetruck is making its rounds** around neighborhoods this Saturday the 20th and Sunday the 21st. For more information on the locations they'll be visiting check out this [website](#) or their [Facebook](#) page!
- **Florida Museum of Natural History will be hosting a 360 degree tour of the state's prehistoric giants!** You can join in on Facebook and Zoom on June 25th at 3pm. More information [here!](#)

If you're looking for local Father's Day activity ideas:

- **Carson Springs is having socially distanced wildlife father's day tours** and you can reserve a spot. More information [here](#) and on [Facebook!](#)
- **Kulaqua River Ranch Water Park will have a father's day community event.** They will keep capacity at 50% and are encouraging social distancing. More information [here](#) and on [Facebook!](#)
- **Rooterville Animal Sanctuary is open for self-guided tours.** They are open to the public for self-guided tours every Friday, Saturday, and Sunday from 9am-3pm. More information [here](#) and on their [website!](#)
- **Kanapaha Botanical Gardens wants to help you celebrate Father's day with free admission to fathers** (of all ages) to explore the gardens. More information [here!](#)

Happy Juneteenth and Stay Well!

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